

COUNSEL AND CARE PUBLICATIONS	PRICE	QUANTITY REQUIRED	TOTAL
<p><b>Care Home Handbook</b>                      October 2009</p> <p>Counsel and Care, with support from the Department of Health, has developed an invaluable resource for older people and their carers looking for care in a care home, or researching the options for paying for care. The Care Home Handbook covers everything you need to think about before moving into a care home, starting at the considerations before you move into care, and covering choosing a care home, paying for a care home, and living in a care home. There is also a section which looks at what you can do if you have any problems once you live in a care home.</p>	<p><b>FREE</b> (plus P&amp;P)</p>		
<p><b>Ascertaining wishes – a good practice guide</b>                      June 2008</p> <p>This handy-sized guide provides good practice to staff from care homes for older people in England and Wales on how to introduce advance care planning in their home.</p>	<p><b>£5.99</b> (plus P&amp;P)</p>		
<p><b>Your care home – is it up to standard?</b>                      January 2008</p> <p>An easy-to-read and accessible guide to the standards of care that all care homes must meet. It explains what the most important of those standards are and what residents and their relatives should expect from the staff and the home. This guide is accompanied by a satisfaction survey and a compliment and complaint form that residents can complete to let their care home know their views.</p>	<p><b>£5.99</b> (plus P&amp;P)</p>		
<p><b>Not only bingo</b>                      October 2007</p> <p><i>Not only Bingo</i>, updated from the original publication for Counsel and Care by Sally Knocker, NAPA's Director of Communications, gives guidance to occupational therapists, activity organisers, and policy makers on the importance of offering a wide range of social activities in the care home environment. Dr Eric Midwinter, chair of the Centre for Policy on Ageing, has provided a new foreword to the second edition.</p>	<p><b>£15.00</b> (plus P&amp;P)</p>		
<p><b>A new appetite for life</b>                      October 2007</p> <p><i>A New Appetite for Life</i>, updated by Mike George and Linda Lennard, highlights the many serious consequences of failing to provide nutritious and attractive food and enjoyable mealtimes. It also points out the severe effects of not ensuring that older people drink enough. The new edition includes estimates of the substantial costs to the NHS and others of malnutrition among older care home residents, as well as the costs to older people themselves in terms of health, well-being and quality of life.</p>	<p><b>£15.00</b> (plus P&amp;P)</p>		

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Counsel and Care produce a range of guides which aim to cover everything older people need to know, including the community care system, paying for care, choosing a care home, applying for grants and charitable assistance, and benefits and statutory entitlements. The full range of guides can be downloaded from the Counsel and Care website, or by calling our guide orderline on 020 7241 8522. Copies of guides are available free to individuals. Just send a stamped addressed envelope. Organisations can buy guides for £1.00 per copy or £50 for a complete set (inc. p&p). All guides can be printed from our website free of charge.

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